

GET COOL

JULY 6-10, JULY 20-24, JULY 27-31, AUG 10-14 &
AUG 17-21

AGES 9-12 YRS & 12-15 YRS

SCHEDULE OF ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Camp Games and Warm Up	Camp Games and Warm Up	Camp Games and Warm Up	Camp Games and Warm Up	Camp Games and Warm Up
Richmond Olympic eXperience	Field Sport: Lacrosse	Field Sport: Ultimate	Court Sport: Weekly Activity	Court Sport: Tumble FMS Obstacle Course
SNACK	SNACK	SNACK	SNACK	SNACK
Skating: Figure Skating	Skating: Hockey	Skating: Broomball	Skating: Speed Skating	Skating: Ringette
SIGN OUT	SIGN OUT	SIGN OUT	SIGN OUT	SIGN OUT

Schedule is subject to change

ITEMS TO BRING TO CAMP:

Snacks & water bottle

Hat & sunscreen

Athletic attire & running shoes

Lunch (for all day campers)

Skates, helmets and all other equipment will be provided but campers are welcome to bring their own



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