



# SPORT TOTS

EVERY WEEK ALL SUMMER LONG  
AGES 4-5 YRS

## SCHEDULE OF ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Camp Games and Warm Up	Camp Games and Warm Up	Camp Games and Warm Up	Camp Games and Warm Up	Camp Games and Warm Up
Court Games: FMS Relay Races	Court Games: Bowling/ Skittles	Court Games: Parachute	Court Games: FMS Station Games	Court Games: Tumble Tots Play
<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>
Beach Activity: Beach Volleyball	Beach Activity: Sandcastles and Spikeball	Beach Activity: Soccer	Beach Activity: Playground	Beach Sport: Football
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Camp Games and Warm Up	Camp Games and Warm Up	Camp Games and Warm Up	Camp Games and Warm Up	Camp Games and Warm Up
Studio Time: Gagaball	Studio Time: Dance Games	Studio Time: Surfing & Yoga	Studio Time: Dance Games	Beach: Football
<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>
Court Games: FMS Relay Races	Court Games: Bowling/ Skittles	Court Games: Parachute	Court Games: FMS Station Games	Court Games: Tumble Tots Play

\*Schedule is subject to change\*

### ITEMS TO BRING TO CAMP:

Snacks & water bottle

Hat & sunscreen

Athletic attire & running shoes

Lunch (for all day campers)



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