



FLOORBALL FUNDAMENTALS

JULY 6-10

AGES 6-9 YRS

SCHEDULE OF ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Camp Games and Warm Up	Camp Games and Warm Up	Camp Games and Warm Up	Camp Games and Warm Up	Camp Games and Warm Up
Court Sport: Floorball	Court Sport: Floorball	Court Sport: Floorball	Court Sport: Floorball	Court Sport: Floorball
SNACK	SNACK	SNACK	SNACK	SNACK
Field Sport: Cricket	Racquet Sport: Weekly Activity	Richmond Olympic eXperience	Studio Time: Gagaball	Water Games or Capture the Flag
SIGN OUT	SIGN OUT	SIGN OUT	SIGN OUT	SIGN OUT

Schedule is subject to change

ITEMS TO BRING TO CAMP:

Snacks & water bottle

Hat & sunscreen

Athletic attire & running shoes

Lunch (for all day campers)



RICHMOND OLYMPIC OVAL

6111 River Road, Richmond B.C.
778.296.1400 | info@richmondoval.ca

richmondoval.ca



FLOORBALL SKILL DEVELOPMENT

July 13-17 & Aug 17-21

AGES 9-12 YRS

SCHEDULE OF ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Camp Games and Warm Up	Camp Games and Warm Up	Camp Games and Warm Up	Camp Games and Warm Up	Camp Games and Warm Up
Court Sport: Floorball	Court Sport: Floorball	Court Sport: Floorball	Court Sport: Floorball	Court Sport: Floorball
SNACK	SNACK	SNACK	SNACK	SNACK
Field Sport: Cricket	Court Sport: Weekly Activity	Richmond Olympic eXperience	Studio Time: Gagaball	Water Games or Capture the Flag
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