

## **SCHEDULE OF ACTIVITIES**

\*Schedule subject to change\*

MONDAY: Meet the campers, and begin your introduction to skateboarding.

**TUESDAY:** Start off the afternoon with fun camp games, and then learn new skills and work on your balance!

**WEDNESDAY:** Warm up, and continue your skateboard training with balance and some tricks!

**THURSDAY:** Spend the spend participating in skateboard drills and practice.

FRIDAY: Warm up with fun activities, improve your skateboarding technique, and practice more tricks!

This camp takes place at the Richmond Skate Park. Please sign in/out there. Campers will be escorted to their Oval camp as needed.

## **ITEMS TO BRING TO CAMP:**

- > Snacks and water bottle to last the day
- Athletic attire and running shoes
- Sunscreen and a hat!
- Helmet, set of knee/elbow/wrist pads, and skateboard





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