



# BADMINTON BLAST 9-12

## AGES 9-12 YRS

### SCHEDULE OF ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Camp Games and Warm Up	Camp Games and Warm Up	Camp Games and Warm Up	Camp Games and Warm Up	Camp Games and Warm Up
Badminton	Badminton	Badminton	Badminton	Badminton
<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>
Studio Time: Gagaball	Climbing	Field Sport: Ultimate	Richmond Olympic eXperience	Water Games or Capture the Flag
<b>SIGN OUT</b>	<b>SIGN OUT</b>	<b>SIGN OUT</b>	<b>SIGN OUT</b>	<b>SIGN OUT</b>

\*Schedule is subject to change\*

### ITEMS TO BRING TO CAMP:

Snacks & water bottle

Hat & sunscreen

Athletic attire & running shoes

Lunch (for all day campers)



**RICHMOND  
OLYMPIC OVAL**

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# BADMINTON BLAST 12-15

## AGES 12-15 YRS

### SCHEDULE OF ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Camp Games and Warm Up	Camp Games and Warm Up	Camp Games and Warm Up	Camp Games and Warm Up	Camp Games and Warm Up
Badminton	Badminton	Badminton	Badminton	Badminton
<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>
Outdoor Court: 3x3 Basketball	Climbing	Field Sport: Weekly Activity	Court Games: FMS Station Games	Court Sport: Smashball
<b>SIGN OUT</b>	<b>SIGN OUT</b>	<b>SIGN OUT</b>	<b>SIGN OUT</b>	<b>SIGN OUT</b>

*\*Schedule is subject to change\**

### ITEMS TO BRING TO CAMP:

- Snacks & water bottle
- Hat & sunscreen
- Athletic attire & running shoes
- Lunch (for all day campers)



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