

SCHEDULE OF ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Camp Games and	Camp Games and	Camp Games and	Camp Games and	Camp Games and
Warm Up	Warm Up	Warm Up	Warm Up	Warm Up
Court Sport: Weekly	Beach Activity:	Richmond Olympic	Court Sport: Weekly	Field Sport: Disc
Activity	Sandcastles and	eXperience	Activity	Golf
	Spikeball			
SNACK	SNACK	SNACK	SNACK	SNACK
Hockey	Hockey	Hockey	Hockey	Hockey
SIGN OUT	SIGN OUT	SIGN OUT	SIGN OUT	SIGN OUT

Schedule is subject to change

ITEMS TO BRING TO CAMP:

Snacks & water bottle

Hat & sunscreen

Athletic attire & running shoes

Lunch (for all day campers)

FULL HOCKEY GEAR

