

HOCKEY FUNDAMENTALS

JULY 14-18, JULY 28-AUG 1 & AUG 11-15 AGES 6-9 YRS

SCHEDULE OF ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Camp Games and	Camp Games and	Camp Games and	Camp Games and	Camp Games and
Warm Up	Warm Up	Warm Up	Warm Up	Warm Up
Court Sport: Floorball	Beach Activity:	Richmond Olympic	Court Sport: Kinball	Field Sport: Disc Golf
	Spikeball	eXperience		
SNACK	SNACK	SNACK	SNACK	SNACK
Hockey	Hockey	Hockey	Hockey	Hockey
SIGN OUT	SIGN OUT	SIGN OUT	SIGN OUT	SIGN OUT

Schedule is subject to change

ITEMS TO BRING TO CAMP:

Snacks & water bottle Ha

Hat & sunscreen

Athletic attire & running shoes

Lunch (for all day campers)

FULL HOCKEY GEAR

