



ACTIVE LIFE AND LEADERSHIP

JULY 14-18 & AUG 5-8

AGES 12-15 YRS

SCHEDULE OF ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Camp Games and Warm Up	Camp Games and Warm Up	Camp Games and Warm Up	Camp Games and Warm Up	Camp Games and Warm Up
Beach Activity: Beach Volleyball	Beach Activity: Sandcastles and Spikeball	Beach Activity: Bocce and Soccer	Beach Activity: Beach Tennis	Skating
SNACK	SNACK	SNACK	SNACK	SNACK
Outdoor Court: 3x3 Basketball	Richmond Olympic eXperience	Climbing	Climbing	Studio Time: Gagaball
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Camp Games and Warm Up	Camp Games and Warm Up	Camp Games and Warm Up	Camp Games and Warm Up	Camp Games and Warm Up
Field Sport: Cricket	Field Sport: Lacrosse	Field Sport: Ultimate	Field Sport: Kickball	Field Sport: Disc Golf
SNACK	SNACK	SNACK	SNACK	SNACK
Climbing	Court Sport: Dodgeball	Outdoor Court: 3x3 Basketball	Court Sport: Kinball	Water Games or Capture the Flag

Schedule is subject to change

ITEMS TO BRING TO CAMP:

Snacks & water bottle

Hat & sunscreen

Athletic attire & running shoes

Lunch

Notebook & pen

Warm clothes for skating



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