



SPORT TOTS

EVERY WEEK ALL SUMMER LONG
AGES 4-5 YRS

SCHEDULE OF ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Camp Games and Warm Up	Camp Games and Warm Up	Camp Games and Warm Up	Camp Games and Warm Up	Camp Games and Warm Up
Court Games: FMS Relay Races	Court Games: Bowling	Court Games: Parachute	Court Games: FMS Station Games	Court Games: Tumble Tots Play
SNACK	SNACK	SNACK	SNACK	SNACK
Beach Activity: Beach Volleyball	Beach Activity: Sandcastles and Spikeball	Beach Activity: Bocce and Soccer	Beach Activity: Beach Tennis	Richmond Olympic eXperience
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Camp Games and Warm Up	Camp Games and Warm Up	Camp Games and Warm Up	Camp Games and Warm Up	Camp Games and Warm Up
Studio Time: Gagaball	Studio Time: Dance Games	Studio Time: Surfing & Yoga	Studio Time: Dance Games	Richmond Olympic eXperience
SNACK	SNACK	SNACK	SNACK	SNACK
Court Games: FMS Relay Races	Court Games: Bowling	Court Games: Parachute	Court Games: FMS Station Games	Court Games: Tumble Tots Play

ITEMS TO BRING TO CAMP:

- Snacks & water bottle
- Hat & sunscreen
- Athletic attire & running shoes
- Lunch (for all day campers)