



**LEARN TO CLIMB 6-9**  
**MARCH 22-26 | 10:30-12:30**  
**AGES 6-9**



**YOUR SPORT LEADERS:**  
➤ **Victoria and Alex**

**SCHEDULE OF ACTIVITIES**

**MONDAY:** Introduction to climbing fundamentals and get a first chance to climb up the wall!

**TUESDAY:** A day of climbing, belaying, and wall games!

**WEDNESDAY:** This morning, practice climbing skills and techniques!

**THURSDAY:** Another day of climbing and camp games with drills to work on strength and agility.

**FRIDAY:** The week will wrap up with one last climb up the rock wall and skill review!

**ITEMS TO BRING TO CAMP:**

- **Athletic wear and running shoes.**
- **Water bottle and snacks.**
- **Extra Masks!**

**A mask must be worn when entering, exiting and moving around the building. While taking part in physical activities, masks are optional and if desired, sport camp leaders will direct participants to remove mask when appropriate.**