

# RULES AND REGULATIONS

Safety at the Climbing Wall is everyone's responsibility. Climbing is an activity that involves inherent risks. Always exercise care and attention while attending the climbing facilities. Please report any potential safety concerns to Oval climbing staff.

## RESPECT

The Richmond Olympic Oval is committed to providing a safe and respectful space for everyone. Inappropriate conduct or comments will not be tolerated and may result in a denial of service. Climbing staff are here to ensure your climbing time is safe and enjoyable. Please respect their efforts to keep everyone safe. Please ask us if you have any questions or concerns.

## WAIVERS AND CHECK-IN

All Climbers must have a signed waiver and valid membership/day pass prior to accessing the climbing wall and must check-in at the climbing desk. If you are making your first visit to the climbing wall, you will receive an orientation from staff.

## AGE REQUIREMENTS

- Children 5-12 years must be accompanied on the climbing floor by a responsible adult over the age of 18.
- Climbers under the age of 13 years are only permitted to belay in registered programs at the discretion of their instructor.
- Climbers under the age of 16 years are only permitted one non belaying guest.

## BELAYING

- All participants wishing to top-rope or lead belay must demonstrate their belaying ability to the satisfaction of climbing staff in a belay check procedure.
- The minimum age to attempt a belay check is 13 years.
- Belay checks are provided by climbing staff as a courtesy to our guests. During busy times, there may be a wait list for belay checks.
- All belay checks are conducted upon check-in to the climbing wall. The check is pass/fail with no coaching, and is at the discretion of dedicated climbing staff. If your belay check does not result in a pass, there will be a one-time administrative fee of \$10.00 applied to your next Belay check.
- Figure 8 is the only accepted knot for tie-in.
- Belaying is only permitted on autoblock or assisted braking style devices. Tube style devices are not permitted. If you are not sure your device qualifies, please check with staff.

## LEAD CLIMBING GUIDELINES

- Anyone wishing to attempt a lead check must be able to pass the top rope check.
- Lead Climbing is permitted on designated routes only.
- The anchors immediately adjacent to a lead climber on either side are not to be used while a lead climb is in progress.
- When Lead Climbing, do not skip clips or take large reckless falls.

## BOULDERING

- All climbers who wish to use the bouldering areas must receive a safety orientation from climbing staff.
- Bouldering is only permitted in designated bouldering areas.

## SPEED CLIMBING

- All climbers who wish to use the Speed Wall must receive a safety orientation from climbing staff.
- Member/Public access to the Speed Wall may be limited at times due to Sport Climbing Programs.

## AUTO BELAYS

- All climbers wishing to use the auto belay must have received a safety orientation from climbing staff.
- Climbers under 13 years old must be supervised while clipping in and out of the auto belay.

## GENERAL RULES

- No cell phones, bare feet, food or drinks on the climbing floor.
- Please store valuables in the lockers provided. The Oval is not responsible for loss or theft of personal property. Bags, water bottles, and personal items must be stored in the cubbies.
- Collateral is required to borrow equipment. See staff for details.
- Do not write on the wall with chalk or anything else.
- Do not run, jump, wrestle, or tumble, on the climbing floor.
- Do not swing on or pull on the ropes.
- External coaches/trainers are not permitted, for liability and legal purposes without the approval of Oval Management.

THANK YOU AND HAVE FUN!